

Newsletter September 2022

GROUPS:

- Art
- Badminton
- Beer Appreciation
- Book Group
- Bus Pass
- Canasta
- Cookery
- Gardening (with Chelmsford U3A)
- Geology
- Health Matters
- Lacemaking
- Natural History
- Needlework
- Photography
- Scrabble
- Table Tennis
- Ten-pin Bowling
- Ukulele
- Walking

WEBSITE

<https://u3asites.org.uk/broomfield>

EMAIL - broomfieldanddistrictu3a@gmail.com

From the Chair

Welcome to the September newsletter.

I do hope you had an enjoyable August and didn't find the heatwave *too* debilitating. I don't suppose it's that often we find ourselves praying for rain at the height of Summer.

We have reached Membership renewal time, so if you haven't yet got round to renewing, please don't leave it too long to put your form in. If you've decided *not* to renew do let Peter Radford know as well, and if you feel able to, tell us (confidentially) why, as your feedback is very helpful.

It's also coming round to AGM time, and we'll shortly be circulating the Agenda and relevant material. This will be my third (and last) AGM as Chair of the branch, and will be a welcome return to a real 'face-to-face' meeting after two Zoom meetings. The date will be the 12th October, and as of old, will be 'slotted into' our regular monthly meeting. Information on submission of Resolutions will be contained in the notice of AGM to be circulated by email before the 12th of September.

As always, please let Peter know in advance if you plan to attend the next Monthly Meeting on 14th September. Thank you.

Glynn Wadeson
Chair.

MONTHLY MEETINGS

Please note: the Meeting is open and refreshments are available from 1.45. The speaker is scheduled to start at 2.15. Please ensure you have confirmed that you wish to attend no later than Tuesday 12th midday.

The revised arrangements we have made over the last meetings seem to have worked well. Seating at well separated tables with lots of circulation space, rather than in close rows, besides reducing risk, has contributed to a more convivial atmosphere.

We will, as a courtesy to others be requesting, that face masks be worn whilst entering and moving around the meeting'

We will be resuming the charge for refreshments at the meeting but to minimise queuing please put the money in the cup left on the tables.

Raffle proceeds have been a great help towards covering (increased) hall hire charges.

14 th September	My Creative Journey through Film and TV Costume Design	Amanda Sutherland
12 th October	Waters of Tyme	Fools Gold (tbc)
9 th November	For Better or Far Worse - a Quirky Look at Victorian Marriage	Toni Neobard & Kate Broad
14 th December	Project Rutherford at St Mary's, Broomfield	Trudy Stevens

The calendar has been omitted from this edition of the Newsletter

Notes and Notices, September 2022

Talks

To date, I've only received input from Gresham College, whose 2022-2023 programme welcomes five new Gresham Professors including Professor Ronald Hutton, a world-leading expert on paganism who is giving a series of lectures on Finding Britain's Lost Gods starting with "Gods of Prehistoric Britain"; Professor Myles Allen, the Physicist behind Net Zero, whose first year of lectures is "Why Net Zero?"; Professor Victoria Baines, a cybersecurity expert, asks "Who Owns the Internet?"; Business Professor Raghavendra Rau on The Tech Revolution in Finance, and Professor Robin May, who will be discussing the marvels of microbiology in his series All The World's A Microbe.

There is also one new Visiting Professor, Ian Mudway, who will be giving a series on Environmental Health discussing the way our bodies interact with the environment.

Other highlights this month include "Long Covid" by Professor Monica Lakhanpaul plus "War and Peace in Europe from Hitler to Putin" by Professor Sir Richard Evans. Professor Leslie Thomas QC will continue his examination of the British Legal system; his first lecture asks "Do We Need Juries?"

The "old crowd" have not been forgotten! Chris Whitty will be giving a talk on Diseases Of The Heart

All the details can be found at: <https://www.gresham.ac.uk/whats-on?see-all>

Apparently, their website has been redesigned to make it easier to explore. To watch lectures live online, you will now need to create a website account (it is all still free); this will let you bookmark and 'like' lectures.

Money Matters

Experts at Financial advisors Hargreaves Lansdown have revealed 20 ways to save money! See: <https://www.hl.co.uk/news/articles/our-experts-reveal-20-ways-to-save-money>

Don't make lasting power of attorney mistakes: having a lasting power of attorney in place means that a trusted family member or friend can make decisions about your health or finances if you lose capacity but there are potential pitfalls.

<https://www.radiotimesmoney.com/retirement/dont-make-lasting-power-of-attorney-mistakes>

Which? has an interesting article about six domestic appliances that it recommends you do not buy! See:

<https://www.which.co.uk/news/article/6-rip-off-dont-buy-appliances-to-avoid-a6iqu5V36ONp>

Which? also has an article about the regulation of funeral plans which is coming into force. See: <https://www.which.co.uk/news/article/7-things-you-need-to-know-about-new-pre-paid-funeral-rules-a4bF77w4RLGs>

Fraud

Which? reckons that pension savings are prime fraud targets, with complex schemes aiming to part you from your savings - although, a crackdown is on its way. More details at <https://www.which.co.uk/news/article/7-pension-scams-to-watch-out-for-az6346X8aI5J>

Which? reports on "5 big cost of living scams to watch out for". More details at <https://www.which.co.uk/news/article/5-big-cost-of-living-scams-to-watch-out-for-agaTQ9M8g1hp>

Which? also reports on "blackmail . . . emails threatening to expose your personal information". More details at <https://www.which.co.uk/news/article/beware-of-blackmail-and-sextortion-emails-threatening-to-expose-your-personal-information-a8WkG9v2PQ11>

Finally, the Co-op Bank has highlighted a telephone-based fraud-reporting service. I've not used it, so I don't know how good it is but the basic access is simple – just dial 159.

BROOMFIELD & DISTRICT U3A – GROUP REPORTS

ART GROUP

Our next meeting will be on Thursday, 22nd September between 10 - 12 noon, venue to be arranged dependant on number attending., please let me know if you're interested in joining the Group.

Barbara Bartlett

BADMINTON

Our next session will be on Monday, 5th September between 12 noon - 1 pm, at Chelmsford Sports Stadium, Melbourne.

Barbara Bartlett

BEER APPRECIATION



I never thought I would say hot weather stopped us meeting in the pub for a drink – but July was far too hot for walking & drinking!!

We will thus visit The Orange Tree, Lower Anchor Street, Chelmsford for our September Meeting on Monday 19th September 2022 at 2.00pm and see if it lives up to it's CAMRA reputation.

As usual please let me know if you are coming.

Malcolm Taylor

BOOK GROUP

Our next meeting will be on Monday, 26th September at 2.30 pm in Broomfield Library where we will be reviewing A Different Kind of Daughter by Maria Toorpakai and Battle Scars by Jason Fox.

Barbara Bartlett

BUS PASS



Following on from our trips to Brightlingsea and Burnham-on-Crouch, on Saturday 24th September we visit Maldon to enjoy the Maldon regatta. If you would like to join us please get in touch.

BUS PASS (continued)

Carol Greatrex

CANASTA

The Canasta Group has restarted, meeting on the 1st and 3rd Mondays as before shut down. This is for information only as we are full and I cannot accept anyone else into the group.

Marie Mackie

COOKERY

We will start our group again in October by which time the kitchen will be a much cooler environment, hopefully..

Pat Radford

GARDENING

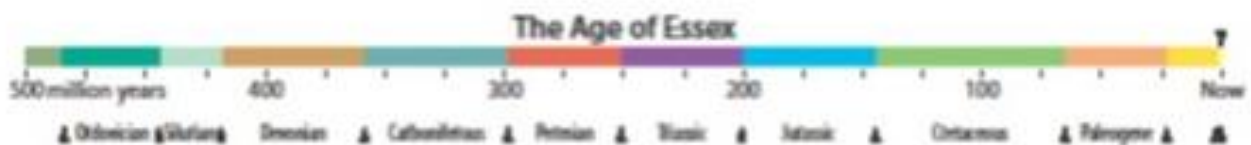
I haven't had the Autumn/Winter talks list from Chelmsford U3A Garden Group as yet but will send information to those I think are interested as soon as I receive it.

Little Waltham Gardening Club open their Autumn programme with a talk entitled "Seasonal Containers." Let's hope we can pick up some good ideas.

The meeting is on Wednesday September 7th in the Little Waltham Memorial Hall at 7:30.

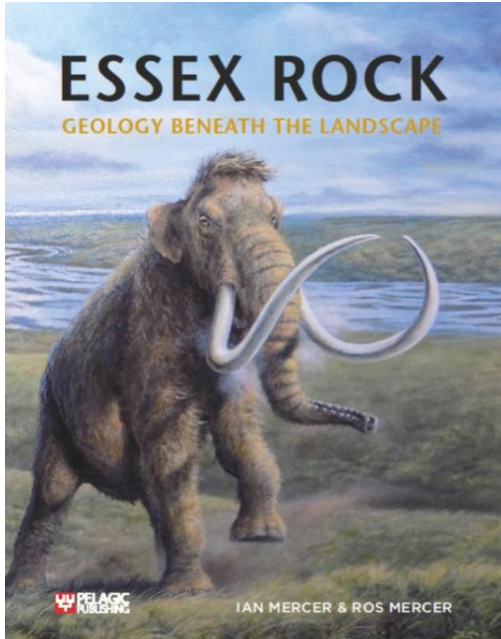
Pat Radford

GEOLOGY



For our forthcoming series of sessions in the autumn, we are going to take our lead from our recently published book "Essex Rock'. Many members of the group have expressed their interest in looking at local geology and its effect on the landscape, and this is exactly what our book sets out to do. We start with the birth of Essex 500 million years ago near the south pole and then we will follow the story, in bite sized chunks, right to the present day and into the future. We shall encounter themes from many aspects of geology - volcanoes, continental collision, swamps and deltas, tropical seas and deserts.

GEOLOGY - continued



We shall attempt to unravel the mess left by the effects of our present ice age and peek into the future to view the consequences of geological processes on a variety of timescales.

If this sparks your interest do please join us - no experience or prior knowledge are needed.

We start our time journey on Tuesday 27th September. all welcome.



Ros & Ian

HEALTH MATTERS

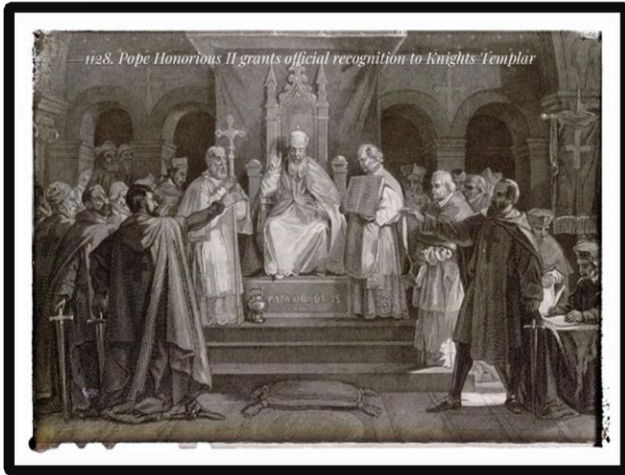
There is no meeting of the HM group in September but on Tuesday, 11th October at 2pm, Heather Norburn from the Chelmsford Foot Clinic will talk to us about Foot Health. The venue is still being organised. More details in next month's Newsletter.

Gill Sturman

HISTORY

We will be meeting on Monday 12th September at 2.00pm at The Pavilion, Great Waltham CM3 1DF. Refreshments available, free parking on site.

Our topic will be 'The Knights Templar' -Presenter, Jim Jenkins.



If you haven't previously registered an interest in joining the re-formed group and would like to attend, please contact Glynn Wadeson

Glynn Wadeson

LACEMAKING

Lace is temporarily in abeyance while one of the 3 members recovers from a knee replacement and another wrestles with a conservatory installation. If anyone would like a one-to-one taster of lacemaking, feel free to contact me

Wendy Talley

NATURAL HISTORY

NO REPORT TO HAND THIS MONTH

Sue Browning

NEEDLEWORK

Sonia and Eileen are the new leaders of the craft group which meets on the 2nd and 4th Friday of the month. The 2nd Friday is at the home of Sonia and the 4th Friday at the home of Eileen. Hope some of you will join us.

Sonia Hudson
Eileen Chapman



Meets monthly, great for beginners and improvers.

Next Meeting: September 15th, 10-12 at Little Waltham United Reformed Church. New members are always welcome. Parking on site.

Contact Glynn Wadeson for further information.

Glynn Wadeson

SCRABBLE

We will be meeting as usual on Thursday 22nd of September at 2pm at the Methodist Church, Please come along for 2 friendly games of scrabble with a cuppa. Cost £2.50 .

New members always welcome.

Heather Steed

TABLE TENNIS

I have booked tables for Tuesday, 6th September and Tuesday, 20th September, both at 11.00 a.m. at Melbourne Sports and Athletics Centre. Cost will be £2 and hope more members will join in the fun – we don't take it seriously.

Jean Lock

TEN-PIN BOWLING

Hi fellow bowlers, sorry to say no news about when bowling will get going again, I will not be putting items in the news letter from now on but as soon as we can get going again I will get in touch with every one on the playing list and put a message and details in the monthly newsletter. Many thanks for your company in the past, fingers crossed we can get going again in 2023.

Lorna Stuart

BROOMFIELD UKULELE GROUP (BUGS)

The Ukulele Group will be meeting on the 1st and 3rd Thursday of the month at the URC church in Little Waltham. We start at 2 and play for 2 hours. All musicians and singers welcome.

Pat Platt

WALKING



I had perhaps thought, given the heat of late that a gentle stroll around an expanse of water might be refreshing. But having seen this in the Sunday paper I decided that perhaps the walk might be shorter than I anticipated!!

Unfortunately, due to the high temperatures I decided to cancel our July walk. Thus this month we will undertake the first of two walks around Pleshey A five mile walk through the countryside with some walking on quiet country lanes. We will meet at 9.30am in the car park of Broomfield Royal British Legion, Saxon Way on Tuesday 20th September 2022.

We shall be car sharing, so please let me know if you are coming as I will need to confirm numbers with the pub! Additionally, if you are willing to drive, transport costs will be approximately £2.00 each.

As usual mobile 07375 604506 will be operative on the day.

Malcolm Taylor

TRAVEL

We now have two Travel “Groups”, which whilst run by members, are not part of the u3a.

BROOMFIELD & SPRINGFIELD TRAVEL CLUB

SOME PLACES – THE DRIFTERS GIRL – 13 OCTOBER, 2022

New musical being described as London’s New Smash Hit! Currently starring Beverley Knight. We have secured excellent seats in the front area of the dress circle, rows A-D of the Garrick Theatre at the fantastic price of just £49.00 per person which includes coach transfers to and from Chelmsford, parking available. Please email your booking requests.

NEW – MONET’S GARDEN, THE LOIRE VALLEY & FONTAINEBLEAU – 15 JUNE 2023

Come with us on this exciting, escorted trip. The tour includes: Monet’s Garden, the beautiful Loire Valley with its many splendid chateaux to explore. Visit Chartres, medieval Tours and Leonardo da Vinci house, visit Saumur and the Ackerman wine cellars and much much more. Six nights in three and four star accommodation with breakfast and three evening meals included. Travel via Eurostar and coach travel within the area. The price of just £869 per person twin/double, single supplement on request.

If you are interested in any of the above, please contact Chris Evans by email.

Chris Evans

BROOMFIELD COACH TRIPS

Broomfield Coach Trips offer over 30 coach trips direct from Broomfield Village Hall to their destinations without any further pick-ups or drop-offs in the Chelmsford area

Some of these trips are: Swan Lake with The English National Ballet, Tour of Buckingham Palace, Worthing, Legoland, Thursford, The London Palladium and The Lion King. The full list is available from rayspiller@aol.com and parking is available at Broomfield Village Hall for those wanting to go on coach trips

GROUP LEADERS

Art	Barbara Bartlett
Badminton	Barbara Bartlett
Beer Appreciation	Malcolm Taylor
Book Group	Barbara Bartlett
Bus Pass	Carol Greatrex
Canasta	Marie Mackie
Cookery	Pat Radford
Gardening	Pat Radford
Geology	Ros Mercer
Health Matters	Gill Sturman
Lacemaking	Wendy Talley
Natural History	Sue Browning
Needlework	Sonia Hudson Eileen Chapman
Photography	Glynn Wadeson
Scrabble	Heather Steed
Table Tennis	Jean Lock
Ten-pin Bowling	Lorna Stuart
Ukulele	Pat Platt
Walking	Malcolm Taylor

New Group Leaders needed!

Any volunteers to run a History Group?

Any proposals for new groups?

Contact the editor for inclusion in next month's newsletter *or* if you'd like to talk it over first, please contact Pat Radford, our Group Co-Ordinator.

THE COMMITTEE

Chair	Glynn Wadeson	-
		-
Vice Chair & Speaker Coordinator	Faith Marchal	-
		-
Treasurer	Gill Sturman	-
		-
Co-Secretary	Ann Corbey	-
		-
Co-Secretary	Judy Keily	-
		-
Membership Secretary	Peter Radford	-
		-
Group Coordinator	Pat Radford	-
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Many thanks to Malcolm Taylor for continuing to act as Website Editor